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Complimentary

ARIZONA

Oct-November 2023

YOUR COMPLIMENTARY GUIDE TO LOCAL SHOPS AND EVENTS

Find
California &
N. Nevada
Shops & Events
starting on
page 20

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The Country Register of Arizona

515 E Carefree Hwy #1128 • Phoenix, AZ 85085

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Index for October-November 2023

Special Events..... 3-12, 14, 20-23, 30, 32

Glendale..... 12, 14

Tempe..... 13-14

Scottsdale 13-14

Scrapbook, Stamping, Paper Arts & Rubber Stamping..... 14

Phoenix..... 14

Mesa 14, 16-17

Cave Creek & Carefree 15

Tucson • Casa Grande..... 18

Services 18

Mayer • Globe-Miami • Casa Grande 19

Prescott • Prescott Valley • Camp Verde 19

California..... 20-23, 32

Nevada..... 20

Oregon..... 20

Fiber Arts, Yarn, Knitting & Needlework 24

Professional Services 24

Quilting, Sewing & Needlework..... 25-29

Quilting, Sewing & Needlework Events 30-32

The Deadline for the December-January Issue is November 1 for Ads & Articles.

Our feature articles will focus on Winter & Holiday Events, Boutiques and Shows

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The Country Register provides targeted, effective, and affordable advertising for the promotion of Specialty Shops

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Current Issue

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Red Mountain Holiday Boutique November 3rd & 4th in Mesa

The **Red Mountain Crafters** are preparing once again for their annual **Holiday Boutique** being held on Friday and Saturday, November 3rd and 4th at Red Mountain United Methodist Church. Hours are 8 a.m. to 3 p.m. both days.

The **Crafters** have been working throughout this past year on a variety of projects and will have a wide array of handmade items to offer at the Boutique.

Shoppers will find great ideas for that special Christmas gifts, crafts and useful items for household use. Some featured kitchen items include placemats, table runners, hot pads, towels, microwave bowl holders and much more. Home décor items, such as wreaths, wall hangings, gourd art, florals and wood crafts will be available. There will also be purses, jewelry items, gifts for children and even items for your furry friends!

While “everything Christmas” will be available, the **Crafters** have also created items for other holidays occurring during the year as well as patriotic and Southwestern décor.

You can also stop by and shop our bake sale for some amazing home baked items.

There is no admission fee for this event—just come and enjoy fun and fellowship while you shop!

The **Crafters** donate their time, talents and gifts and proceeds from the **Holiday Boutique** are designated for the Children and Youth Ministries of Red Mountain United Methodist Church located at 2936 North Power Road in Mesa. Please come join in and enjoy this special annual event!



Waiting

By Sheila Tinkham

The seconds tick.
The needle pauses
My life in miniature
Scene after scene sewn together
Like squares of fabric before me
Sometimes neatly sewn
Sometimes messy
Like life itself
Stitch by stitch
I sew
The needles passes through the fabric
To the other side
I thread the needle once again
Life goes on...
And still
I sew.

Sheila Tinkham lives in Lincoln, NE. She started quilting when she sprained her ankle and fell in love with the process of sewing and the focused peacefulness of making and designing quilts. Writing is her passion and she has self-published three poetry books. You can follow her on Twitter at SheilaTinkham.

Free Pattern



Happy Fall



Free Embroidery Pattern – May not be sold or used for commercial purposes. Use this pattern for embroidery, wool applique, punch needle or rug hooking, painted projects or whatever your imagination can dream up! Reduce or enlarge pattern as desired.

For more fun and creative inspiration visit:
www.JacquelynneSteves.com



HOLIDAY BOUTIQUE

FRIDAY & SATURDAY
NOVEMBER 3rd & 4th
8AM to 3PM

GIFTS AND CRAFTS HOLIDAY HOME DÉCOR

PROCEEDS BENEFIT THE CHILDREN AND YOUTH MINISTRIES OF RED MOUNTAIN UNITED METHODIST CHURCH

RED MOUNTAIN UNITED METHODIST CHURCH 2936 North Power Road Mesa AZ 85215
www.rmumc.com

Palm Gardens Art & Craft Show

Saturday, November 18, 2023 · 9 am - 2 pm

Original Art – Woodworking – Handcrafted items
Ornaments – Cards – Handstitched items and MUCH MORE!

Palm Gardens' South Clubhouse
2929 E Main, Mesa
Vendor space available – email clund3@cox.net

Kandy Kane Castle

32nd Annual Holiday Boutique
Handmade - Arts & Crafts
Home Decor - Jewelry - Vintage
Baked Goods - Holiday - Quilts
& SO MUCH MORE

CRAFTERS WANTED:
Email KandyKaneCastle@gmail.com
for information

2159 E. Riverdale St.
Mesa, AZ 85213
Gilbert Rd., just north of loop 202

Two BIG weekends!
November 9th, 10th & 11th
November 16th, 17th & 18th
Thursday, Friday & Saturday
10am-5pm

Visit us on Facebook:
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CANDY CANE LANE CHRISTMAS BOUTIQUE

at VERTUCCIO FARMS
4011 S POWER RD, MESA AZ 85212

DECEMBER 1-3 DECEMBER 8-10
DECEMBER 15-17 DECEMBER 22-23

5:30-10:00pm

All spaces are 10 x 10 \$150
Discount for multiple dates booked

Contact: Diane Valentine (520)402-9211
diane_v_61@yahoo.com



Leisure World Fine Art & Crafts Fair Used Book Sale

908 S Power Road, Mesa, AZ

**Saturday
November 18, 2023**

9am to 2pm

Open to the Public

All Hand-crafted
Items

2 Minute Lift

Are You On The Mend? How To Repair Even Stronger

by Kathy J. Sotak

Most weeks I head down to the discount floral shop and treat myself to a bouquet. Some weeks the choice is traditional carnations, roses or daisies. This week my choice was bursts of fun green puffs intermixed with delicate white flowers that you have to lean in to notice their beauty.

Flowers spark joy for me, like kayaking does for my husband and the ocean for my son. Why do I love flowers so much? Because of the countless lessons and metaphors that they share with me. For example, this morning I was telling a friend about my prized echinacea plant in the front yard. Last year it towered at nearly four feet tall, bursting with blooms and served as a pit stop for butterflies, bees and other insects. I would often make a pit stop myself to admire this ecosystem right in the front yard.

This year however, I haven't seen any blooms. The deer keep eating the echinacea down to the ground. There is no bud in sight. My friend and I contemplated, "How can the plant possibly bloom, when it is in a constant state of repair?"

Think about a time in your life when you were in a state of repair, either mentally, physically or even spiritually. Were you able to flower at the same time? Perhaps you could, with great effort. Likely, not. As a physical example, I've been mending a back injury for the past several months, with pain shooting through my core at most basic moves. I wasn't flowering. I've gone through many emotional trials, the most significant was the loss of my first son. As grief and sadness surged through me, I wasn't flowering. Spiritually, over time I've swayed closer or further away from source. When I've swung furthest away – I wasn't flowering.

When we are not flowering, we are mending. The beauty of mending, is we end up as stronger plants, with more bold and beautiful flowers.

Each of us likely are mending something right now. Today, these flowers, along with my mending echinacea bush are reminding me to practice compassion with every interaction. Especially with yourself. This is the medicine we can offer each other to result in more strength and more beauty – when we are ready to flower.

Kathy is a proud mother of two sons with a corporate professional career residing near Philadelphia, PA. To navigate through this tricky, tumultuous world, Kathy is an explorer and invites you to come along with her, right here, to find a piece of peace we can thread together. Why Not? For more of Kathy Sotak's work, go to www.2MinuteLift.com, short reads to flip our script.



Boutique Marketplace



Craft Sale Holiday Shopping

FREE ADMISSION

• Saturday 8am – 1pm •
November 4th



Solera Chandler
6360 S. Mountain Blvd.
Chandler, Az. 85249

Jewelry, Holiday Decorations, Crochet Items, Ceramics, Wooden Pens, Paintings, Baked Goods, Scarfs, Hand painted decor, Sew What Quilter's Collection: Holiday Décor, Table Runners, Aprons, Quilts, Steering Wheel Covers and more...

Building Harmony

Hot Tub Adventure

by Jeff Cappis

My wife Cathy and I really enjoy our hot tub. It's 5 steps away from the house, and 15 steps away from the forest. This is the place where we do our best talking at night. We've spent thousands of hours out there sipping wine under the stars. At times it gets so quiet out there that we can hear the mice pass wind. It's especially quiet when Cathy is mad at me for something.

One particular night we were parked in the tub and enjoying the evening. Again, the stars were out, crisp and clear. The moon (just a sliver) was casting faint shadows. We were musing about being all alone. Truly alone.

Well, maybe not quite alone. We started hearing slight noises coming from deep within the forest. We both froze to listen. The occasional twig broke or a small branch would snap off. Like so many animals we've seen, we went still and just listened.

"Must be a deer," I said quietly. We were intrigued and quietly moved to the side of the tub closest to the noise. The sounds were slowly traveling through the forest.

"Maybe a coyote," Cathy replied. We heard a bigger branch break. We could tell something was walking through the undergrowth. The sound was still moving around.

"Cougar?" I mused. (Bad thing to suggest.) Now we were starting to get nervous so I tried to cover by saying, "But it's probably just a bear." There was a commotion coming from the dark shadowed forest as branches broke, the forest floor snapped, something was puffing loud. We grabbed the edge of the tub and sank lower in the water. I'm sure our eyes got big as wagon wheels.

The mystery racket rose to a peak and suddenly . . . a moose stepped out of the trees. It stood not 15 feet away and just looked at us. We just looked at it. It gave out a snort. Cathy gave a scream. Just about the time I was about to mention that maybe we should get into the house, I noticed Cathy was gone. I heard the front door slam shut . . . then lock.

Well, now, you know how fast your thoughts can race in these situations. "Let's see," I thought out loud. "I'm sitting in the only water around, the moose looks thirsty, he's big as my truck and he's lookin' at me like I'm people soup. O.K., now it's time to panic!"

I went to scramble out of the tub and slipped on the edge. I knocked over the wine glasses and the bottle bounced across the deck. I fell back in and water splashed everywhere. The moose craned its head to get a better look. I scampered to get out again—this time falling out onto the deck with a loud thud. Struggling to my feet, I tripped on the wine bottle and banged my face on the doorbell. The chimes started going off and the dog howled inside. I banged on the door. The lights came on and Cathy dragged me in.

A little confused, the moose snorted in disgust and awkwardly sauntered away. Guess we showed it not to mess with humans, huh?

We've encountered a few more moose since, but now we take it a lot calmer. We've also seen the silhouettes of deer bedding down with their young in the moonlight, observed bats, owls and once even a fox. We feel safe in our unique hot water living room. They seem to respect that. I'm sure they realize we're not people soup.

Copyright 2023 by Jeff Cappis. Email: jcappis@telus.net





First Annual Holiday Gift Fair

Presented by "My Friends & I Boutique"
1626 N. Rowen Circle, Mesa, AZ 85207
October 27, 2023 from 1:00 - 5:00
October 28, 2023 from 10:00 - 4:00

Discover something special for you and your loved ones!
Join us for an intimate celebration of creativity and the holiday season.
Come shop our handmade specialty goods thoughtfully crafted by local artists.

- Decorative sewn items for your entire home
- Holiday ornaments, center pieces, garland & wreaths
- Desert inspired t-shirts, art & cards
- Fused & stained glass
- Baby quilts, dolls, bibs
- Jewelry for him & her
- Sweet treats and more

See you there, bring a friend!



Unique Boutique

St. Andrew The Apostle Catholic Church
November 9, 10, 11 & 12
 Thursday night 5:00 - 8:00pm
 Catered Dinner by Riga Tony's - \$15 per person
 Friday & Saturday 9:00am - 7:00pm · Free Admission
 Sunday 8:00am - 1:00pm · Free Admission

60 plus vendors - selling hand made items - a One Stop Shop for the Holidays!
 St. Andrew's Catholic Church, 3450 W Ray Rd, Chandler
 Dinner tickets on sale after every mass starting Sept 30th
 Last day to purchase tickets is October 30th
NO TICKETS SOLD AT THE DOOR
 Call for information/reservation 480-899-1990

believe

MARKETPLACE

'Tis the season to get your shop on!
 Find everything from vintage handmade to the latest styles
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NOVEMBER 3rd & 4th

Admission \$5

MARKET HOURS

FRI 11/3 · 9am - 8pm
 SAT 11/4 · 8am - 1pm
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at Cornerstone Chandler
 1595 S Alma School Road



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WANTED: Vendors and Shoppers
 for 2 craft fairs 9am – 1pm in North Glendale area!
 Nov 11th - Episcopal Church of St John the Baptist
 41st Ave & Union Hills
 Email: Shell.Romero@yahoo.com
 Nov 18th - Heritage Presbyterian Church
 59th Ave & Greenbriar (north of Bell Rd)
 Email: rkoz543@gmail.com

The Sounds of the Southwest Singers
 under the direction of Matt Deller

VARIETY OF SOUNDS CONCERT
 Sunday, Oct 8 – 3pm
 Apostles Lutheran Church
 7020 W Cactus Rd, Peoria, AZ
 Free Admission

FAITH & FREEDOM CONCERT
 Sunday, Nov 12th – 6:30pm
 Spirit of Grace Lutheran Church
 15820 W Clearview Blvd, Surprise, AZ
 Admission \$10, for ticket information call 480-438-1115

FAITH & FREEDOM CONCERT Sunday, Nov 19th – 3pm
 Congregational Church of Sun City, 18401 N 99th Ave, Sun City, AZ • Free Admission

Call 623-308-9560 for more information • All-Volunteer 501 (c) (3) Non-profit Organization
 ssws@soundsofthesouthwestsingers.com
 Check website or follow us on Facebook for upcoming show dates.

Our Lady of Joy Christmas Bazaar
 November 10 & 11, 2023
 Friday & Saturday / 9 am to 4 pm
 70+ Vendors/K of C Savory Grille/Wine Bistro
 Our Lady of Joy Catholic Church, Cave Creek Road
 at Pima, Carefree, AZ

Also collecting non-perishable food items for Foothills Food Bank.
 Free admission and parking; Info at www.oloj.org



29th Annual
Front Porch FESTIVAL & Old Towne MARKETPLACE

SATURDAY
 OCTOBER 14, 2023
 10 A.M. - CLOSE

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 Catlin Court & Old Towne

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www.VisitDowntownGlendale.com 623-299-2060

A Moment in a Day of a Life

by Kerri Habben Bosman

I have consciously collected very detailed moments for over twenty years now and I wish that I had thought of it sooner. It is more than simply being present. I try to memorize every aspect about a particular time and space.

I begin with everyone around me. Then I pay attention to the temperature, surrounding sounds, and aromas. I hone in upon myself, right down to how my bones feel against a surface. Lastly, I choose one particular sensation as a catalyst to remind me of that moment.

The first time I did this was in 2002. My mother and I were sitting with my 96 year old grandmother in her cozy room at the assisted living community. She had moved there a few months before. Mom and I had spent most of that summer cleaning out her house to sell. I was stretched out upon my grandmother's twin bed. Huba (as I called my grandmother) was crocheting in her recliner and Mom was cross-stitching in my great-grandmother's rose chair. I had been crocheting, but I was tired. I quietly watched them as they were immersed in their tasks.

Perhaps the idea came to me because we'd just been through that murky process of sorting through a lifetime. Not just my grandmother's things, but also family who had passed before her. It occurred to me that if I memorized this moment, it would always be with me.

The hallway still smelled of what they'd served for supper and Canada geese had just honked by. I grew cold every time the air conditioning came on. My lower back ached from moving furniture earlier in the day. Mom's right hand was on the top of her embroidery hoop and her left hand was meeting the needle and thread underneath. She peered at her work through her favorite purple reading glasses. Huba finished up a ball of yarn and bent for the next. As was her custom, she was making a lap robe to donate to the hospital.



Thus, over two decades later, I can always sit "just one more time" with these two strong, solid and loving women who raised me.

One moment I collected recently took place this past July. We were staying with my 102-year-old mother-in-law, whom I also call Mom. It was a Friday evening, and we sat outside the home she has lived in since 1946. My husband, Wayne, had picked up fish dinners. The three of us ate outside at the picnic table that has served well for generations and countless meals.

Cars passed on the nearby road with occasional thumps of truck tires. It was a mild summer night with a slight breeze arriving off and on. In the tree to our left, red wing blackbirds had gathered and then had flown off in one motion. We'd watched the leaves shimmer back into place. The air smelled of a summer evening; a scent of flowers from somewhere

and that hint of humidity that hits your nose every once in a while.

Mom prepared her food in that gentle yet certain way she does everything. She eased her fish to the side and evenly spread her sour cream into her baked potato. We'd just held hands and said the blessing. I ran my fingers over the table, feeling the slight roughness of the wood as I watched the sunset in the distance behind Wayne's back. The orange orb began to slip into the horizon, casting lingering light at a slant across the yard before settling upon Mom's treasured statue of the Blessed Mother. We all gazed at her for a bit as the sun fully descended.

Whereupon Wayne nodded and smiled at us before quietly affirming, "A moment in a day of a life."

Kerri Habben Bosman is a writer in Chapel Hill, NC. She can be reached at 913jeeves@gmail.com.





Scottsdale Senior Services & McDowell Village Senior Living Present

38th ANNUAL

ARTS & CRAFTS FAIR

HOME MADE CRAFTS • PETTING ZOO • FOOD TRUCKS • ENTERTAINMENT • LIVE MUSIC

SATURDAY, NOV. 4 FROM 9 A.M. – 2 P.M.

1700 N. GRANITE REEF ROAD | SCOTTSDALE | 85257



Mission Marketplace

Saturday, November 18, 9AM-4PM

Craft Boutique, Kitchen Treasures,
Costume Jewelry, Lunch & Live Music



valley presbyterian
CHURCH
6947 E. McDonald Drive
Paradise Valley, AZ 85253
480-991-6424 • vpc.church



Feed My Starving Children MobilePack™ Event
Saturday, November 18, 9AM*, Noon*, 3PM, 6PM
Register: vpc.church/fmsc
*Childcare (0-4) available by reservation

VENDORS | BAKED GOODS | COURTYARD CAFE

Holiday House

PRESENTED BY MVPC WOMEN'S MINISTRIES
ALL PROCEEDS SUPPORT OUR MISSION PARTNERS

NOVEMBER 10 & 11

9AM-3PM

MOUNTAIN VIEW PRESBYTERIAN CHURCH
8050 E MOUNTAIN VIEW RD. | SCOTTSDALE, AZ

QUESTIONS? CONTACT SARAHF@MTVIEWPRES.ORG

Valley Presbyterian Church Hosts Mission Marketplace on 11/18/23

Valley Presbyterian Church will host its **Annual Mission Marketplace** on the Church's campus at 6947 E. McDonald Drive in Paradise Valley on Saturday, November 18th. This one-day event for worldwide missions and local charities is sponsored by the women of the church. Event hours will be from 9 a.m. to 4 p.m.

The real joy of the **Mission Marketplace** is working together turning hand-made crafts and treasures into blessings and support for missions and charities. Proceeds from the 2022 event benefitted various organizations, including the following:

Feed My Starving Children - packing 100,000 meals for people in 3rd world countries.

Sunshine Acres – “Miracle on the Desert” home of more than 2,000 children since 1954.

Audrey's Angels Music - program impacting 1,400 elderly residents.

Helping Hands for Single Moms - AAA towing memberships.

Ministry of Hope – high school scholarships for girls in Malawi.

Monte Vista Homes – help support the memory care unit for retired pastors.

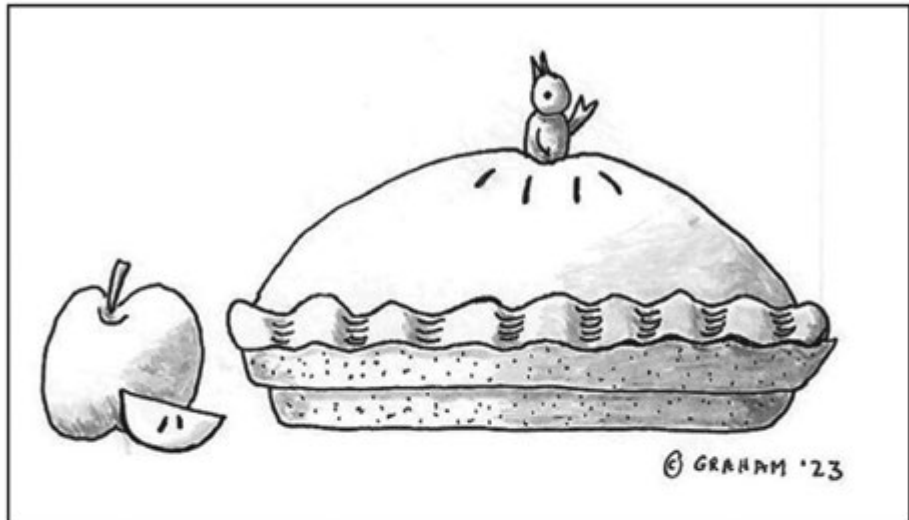


Activities on the Church's campus during the **2023 Mission Marketplace** will include packing of 100,000 meals with Feed My Starving Children MobilePack™, a craft boutique, kitchen treasures, costume jewelry sale and a Snackery with food prepared by Chef Sandra Gonzales of Whisk & Chop. The Snackery will be serving between 11 a.m. and 1 p.m. The Feed My Starving Children MobilePack™ times are 9 a.m., noon, 3 p.m. and 6 p.m. Register at vpc.church/fmsc.

The General Co-Chairs for **Mission Marketplace** are Jeanne Campo and Wandie Hulick. For more information, please visit vpc.church/fmsc/marketplace.

The real joy of the **Mission Marketplace** is working together turning hand-made crafts and treasures into blessings and support for missions and charities. Proceeds from the 2022 event benefitted various organizations, including the following:

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Upcoming Fall Events

Two Great Briar Patch Marketplace Shows
Sept 30th & October 1st – Sat 9-5, Sun 9-4
Hamilton High School
3700 S Arizona Ave, Chandler, AZ
October 7th & 8th – Sat 9-5, Sun 9-4
Greenway High School
3930 W Greenway Rd, Phoenix, AZ
For more information call 480-703-1463
Or visit the website – www.briarpatchmarketplace.com
Follow them on Facebook and Instagram

Fall Festival in Pine and Annual Antique Show
October 7th & 8th, Sat 9-5 & Sun 9-4
Pine Strawberry Community Center
3886 N Highway 87, Pine, AZ
Chili Cook-off Saturday at 11am
Show sponsored by the Pine Strawberry Business Community (PSBC)
For more information email – coolpc680@hotmail.com

Harvest Vintage Market
October 14, Sat 8am – 3pm
Harvest & Holiday Vintage Market
November 3rd & 4th, Friday 10am – 5pm, Saturday 8am – 3pm
At C&J's Antiques and Garden
40 N Gilbert Rd, Gilbert
Seasonal Collection with Guest Vintage & Artisan Vendors
For more information call 480-539-0401 or Follow on Facebook.com/
cjsantiquesandgarden

Holidaze Craft Faire
November 3rd & 4th, 9am to 2pm
Willowbrook Church
19390 N 99th Ave, Sun City, AZ
Free admission
Featuring over 75 local artisans
Lunch available to purchase on the patio from 11am to 1pm
For more information visit www.willowbrookumc.org





Valley of the Sun Doll Club Presents
The 41st Annual
DOLL & BEAR SHOW & SALE
October 14, 2023 10:00AM to 3:00PM
 North Phoenix Baptist Church, 5757 N. Central Ave., Phoenix, AZ 85012
 Adults \$5.00 Children \$2.00
 Visit www.dollshowusa.com for all doll show information
 Information: Harlene - 602-769-6440 • Tables: Rita Bruns 602-697-4717
Donations will benefit the Arizona Doll & Toy Museum



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Interested in being a vendor for this event?
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 Proceeds raised will go towards ASLC programs.



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<p>Paradise High School 3950 E Bell Rd. Phoenix, Arizona, Oct. 21st & Oct. 22nd Sat. 9-5 & Sun. 9-4 <i>Outside Event</i></p>	<p>Horizon High School 5601 E. Greenway Rd. Scottsdale, Arizona, Nov. 24th, 25th & 26th Fri. & Sat. 9-5 & Sun. 9-4 <i>Inside and Outside Event</i> \$5 Entry Fee (3 day pass)</p>
<p>Paradise Valley High School 3850 E. Bell Rd., Phoenix, Arizona, Dec. 2nd & Dec. 3rd Sat. 9-5 & Sun. 9-4 <i>Outside Event</i></p>	

For info call Jeannie Cueto at 480.703.1463
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LuraTurnerHomes.org Questions call 602-943-4789



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<p>Holiday Bazaar Craft Market Benefitting Lura Turner Homes Nov. 3 & 4, 2023 9am-3pm Crossroads United Methodist Church 7901 N. Central, Phoenix, AZ 85020 LuraTurnerHomes.org Questions: 602-943-4789</p>	 <p><i>Christmas In The Park</i> Litchfield Park, Arizona Saturday, December 9 CALL FOR CRAFTERS <i>Sell your handmade items at our annual holiday parade and festival.</i> 60 vendor spaces available. For vendor opportunities visit litchfieldpark.gov or call 623-935-9040</p>	<p>Longarm Quilting by Susan Custom, E2E and Banner 602-826-4490 twindmill@yahoo.com</p>	<p>READERS: Yes, you can advertise in our "Plain Country Ads". The 2" x 2" space to reach 20,000 readers is \$35.00 Mail your ad & check to: The Country Register, 515 E Carefree Hwy #1128, Phoenix, AZ 85085 (602) 942-8950 arizona@barlomeia.com Next deadline is Nov 1, 2023 Not for shops or shows. Great place to find crafters.</p>
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Stitch-In Time Boutique
 November 3rd - 5th, 2023
 Friday & Saturday 9:30am-2pm • Sunday 8:30am-Noon
 All Handcrafted Gifts, Christmas Items,
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 655 E. Southern Ave. 480-350-5211
tempe.gov/FamilyFun

**Season Begins for Thieves Market
 October 7th in Phoenix**

What began as a community flea market 12 years ago in the “dusty cowboy town” of Cave Creek has morphed into an old-school antique, vintage, handmade, art and exotic imports outdoor event that is now held in The Lot of Paradise Valley Community College on the first Saturday of the month from October to April. Paradise Valley Community College is located at 18401 N. 32nd Street, Phoenix.

Over the years, **Thieves Market** has become a local staple for loads of sellers—from savvy pickers, Junkers, creative types and inventors to folks looking to unload Aunt Mildred’s house full of antiques and collectables.

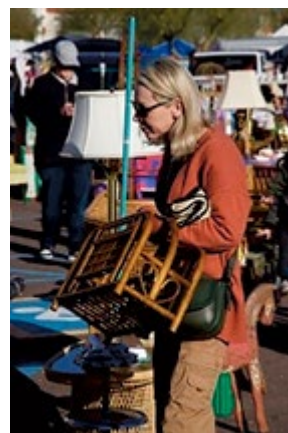
Thieves Market is a hot shopping spot for crazy collectors, free spirited decorators, high-octane artsy treasure hunters and weekend warriors! Be ready to dig and haggle at this flea known for its diverse selection of the



“weird and wonderful.” It’s great fun and you never know what you’ll find, such as vintage furniture, clothing, jewelry, tools, salvage, industrial and odds and ends. You name it and it’s bound to be in the Market somewhere—and at a reasonable price! This is where dealers shop. And, keep in mind, it features local business owners.

The wonderful and wacky **Thieves Market** are held rain or shine from 8 a.m. to 2 p.m. Admission is \$5 at the door and kids, age 12 and under, are admitted free. Parking is FREE. As per Paradise Valley Community College regulations, no pets please.

Learn more, including vendor info, at ThievesMarketVintageFlea.com. There are lots of photos, reviews and comments at <https://www.facebook.com/thievesfleamarket/> and info on Instagram. You can also email: info@thievesmarketvintageflea.com.



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 email quilterangel123@aol.com
 or tucsonminiatures@gmail.com

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Friday & Saturday, October 27-28, 2023
 Friday 10 am - 7 pm • Saturday 10am - 4pm
The Elks Lodge #330, 6245 E 2nd Street, Prescott Valley, AZ

All items are hand-crafted and benefit LVQG's community projects.
 Quilts (all sizes), wall hangings, table runners, potholders, placements,
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LVQG's Opportunity quilt winner will be drawn on Saturday, October 28,
 Around 3:00 pm – you do not need to be present to win.

Free admission
 For Info: Mary P (928) 925-5601
 Or Michelle F (928) 778-1091 www.lonesomevalleyquilters.com

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Hours: Saturday: 9AM - 5PM Sunday: 11AM - 4PM	Hours: Saturday: 9AM - 5PM Sunday: 11AM - 4PM	Hours: Saturday: 9AM - 5PM Sunday: 11AM - 4PM

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 and you will find your true Uniqueness!

Joy & Blessings,

Girlfriend Wisdom is written and illustrated by Jody Houghton®.
 For color files of this writing, contact Jody at: jodyhoughton@msn.com

Jody

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A Cup of Tea with Lydia

by Lydia E. Harris



A Celebration TEA

by Lydia E. Harris

In September, many students head back to school and we celebrate Grandparent's Day on September 10. In our family we also celebrate our son's birthday, a relative's wedding—and this year, the release of my new grandparenting book, GRAND Moments: Devotions Inspired by Grandkids. What events do you have to celebrate? Why not do so over a cup of tea!



Friend Val smelling rose from table setting photo

My grandma friend, Val, wanted to recognize the release of my new book, GRAND Moments: Devotions Inspired by Grandkids. She had read each of the forty devotions as I wrote them and had encouraged me to keep writing. "We'll go out for lunch to celebrate when you're done," she said. I looked forward to her kind gesture.

With the book finished, we decided to share a takeout lunch with tea on my deck rather than eating in a restaurant. The weather was balmy, and as Grandma Tea, I could live up to my title and prepare the setting for our Celebration Tea.

I set a cheery table with a lemon-yellow cloth and topped it with a table runner my oldest sister, Helen, had sewn for me when I wrote my first book—a grandparenting Bible study. Helen chose a colorful fabric with lots of children on it and wanted me to use it at my book signings. "Then you'll always have children with you," she said. It provides a warm, homey feel and I use it for many occasions.

Grandma Val brought a fragrant yellow rose from her garden that made a lovely centerpiece. The table looked beautiful with china teacups, teapots, and cloth napkins. The takeout meal from

a nearby restaurant tasted delicious and seemed elegant served on my wedding china.

"I brought my favorite tea that you introduced me to," Val said as she pulled out Peppermint Bark teabags.

"Shall I introduce you to a new tea blend?"

She was eager, so I brewed a teapot of Apricot Sunrise black tea.

While we savored the meal in the fresh air, a hummingbird flew by. "This is much



Grandson Owen and huckleberry tarts

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nicer than inside a restaurant,” Val said, smiling. I agreed and read the thoughtful card she gave me.

For dessert, we enjoyed an unplanned smorgasbord. Val brought cupcakes and cookies, and I added rhubarb squares, lemon pie, and baked custard (from a recipe in my cookbook). We didn’t sample everything. Even so, Val commented, “I don’t know when I’ve eaten so much dessert!”

Of course, we talked about my newly completed book: *GRAND Moments: Devotions Inspired by Grandkids*. “I love stories about children,” Val said.

“Yes, I do too,” I replied. “I think many will enjoy the stories and quotes from grandchildren and how they relate to wisdom in the Bible.”

Val and I concluded our celebration with smiles, dancing tastebuds and prayers. We enjoyed our “grand moments” together. I hope you will have “grand moments” too as you celebrate a new season over a cup of tea.

Lydia E. Harris is a tea enthusiast, grandmother of five (Grandma Tea), and author of In the Kitchen with Grandma: Stirring Up Tasty Memories Together, Preparing My Heart for Grandparenting, and her new release—GRAND Moments: Devotions Inspired by Grandkids. Her books are available through bookstores and online.

From Lydia’s recipe file: **Grandma’s Blueberry Tarts**
 From *GRAND Moments: Devotions Inspired by Grandkids*.

Gather (Crust for Tart Shells):

- 1 cup all-purpose flour
- 1 tsp. sugar
- 1/4 tsp. salt
- 1/3 cup shortening or butter.
- 2 to 3 T. cold water

Make:

1. Preheat the oven to 450°. Spray muffin cups with nonstick cooking spray.
 2. Combine the dry ingredients.
 3. Cut in the shortening or butter.
 4. Add water to moisten.
 5. Mix well, and roll 1/8-inch thick on a floured surface.
 6. With a 3-inch cookie cutter, cut 12 circles from the dough.
 7. Place circles in muffin tins to make tart shells. Prick sides and bottoms 3 or 4 times to prevent puffing.
 8. Bake for 5 to 9 minutes until lightly browned. Cool in muffin tin.
- Makes 12 tart shells.



Gather (Fresh Blueberry Filling)

- 1 1/3 cups fresh blueberries, divided (You can substitute huckleberries if available)
 - 1/2 cup granulated sugar
 - 1 T. cornstarch
 - 1 T. water
 - 1 tsp. lemon juice
 - whipped cream for topping
 - fresh mint leaves for garnish, optional
- Make

1. In a 1-quart saucepan, combine sugar and cornstarch.
2. Stir in water and lemon juice.
3. Add and mash in 1/3 cup berries.
4. Bring to a boil; simmer a few minutes to thicken, stirring frequently. Remove from heat.
5. When sauce is cool, gently stir in one cup fresh berries. Refrigerate until ready to serve.
6. Spoon berry filling into tart shells. Top with whipped cream. Garnish each tart with a sprig of mint and a few berries.



Book Giveaway - Enter to Win! Grandma Tea’s New Book for Grandparents

Enter to win a copy of *GRAND Moments: Devotions Inspired by Grandkids* by Lydia E. Harris (“A Cup of Tea with Lydia” columnist). The book includes forty devotions that combine heartwarming stories from grandchildren and wisdom from the Bible to inspire grandparents in every season. It also includes thirteen tasty recipes to make and enjoy with grandchildren and others.

To enter send an email to arizona@barlomeia.com or california@barlomeia.com and put “GRAND Moments” in the subject line. Be sure to include your name, address, phone number and where you pick up *The Country Register*. You can also send a note or postcard to: *The Country Register*, 515 E Carefree Hwy, #1128, Phoenix, AZ 85085. The winner will be sent an autographed copy of the book from Grandma Tea and will be announced in the December-January issue.



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Those Were the Days!
Dust Jackets - Uncovering the Real Story

by Jay Mark

Book Dust Jacket. Doesn't sound like something of much importance, does it? After all, it is nothing more than a paper wrapper created to protect a book from dust and dirt. Just something to toss out. Right?

Wrong! That would be a terrible mistake. In fact, in some cases the humble dust jacket needs more protection than the book itself. We'll get to the reason later. But first, a little about its history.

Initially hard book covers were created to protect the fragile paper contained within. When book covers were constructed of velum, leather, wood or other durable materials, a protective wrapper wasn't needed. If it was, then books were encased in an open-ended box or sheath.

But by the 19th century, with ever-increasing literacy and more books being published with less sturdy covers like cloth or even paper, the first wrapper made its appearance.

In the beginning technology kept dust covers rather plain. Color lithography, color screen printing and half-tone printing had yet to be introduced. Besides, wrappers had just one purpose – protect the book within. That resulted in the jackets being discarded. Today that makes them rare and can give them a very high collector's value.

Many 19th century books had very elaborate covers with expensive ornamentation like gold-leafing, embossing and expensive leather or delicate silk. Further, gilding was often applied to the edges of a book. Protecting these expensive books led to plain paper coverings, much like we would use to wrap a package.

With the addition of flaps that were folded inside the cover, a book could be read with the wrapper on. The first documented book protector dates to 1830. The delicate silk covers of a rather obscure title called *Friendship's Offering* were wrapped in a paper jacket with simple text identifying the contents.

The 19th century was ripe for change. Greater literacy led to increased publishing. In the years following the Civil War, there was a sea-change in paper manufacturing. The introduction of acid-paper made production much less expensive. Illustration printing techniques began to replace labor-intensive wood cuts, engravings and lithography. Screen printing allowed for the increased use of illustrations in books, magazines and newspapers.

By 1874, protective book wrappers had achieved sufficient significance to earn a patent: "Holden's Book Cover" was especially sturdy, designed for school textbooks to extend their life. An additional benefit to the patent was the novel ability to sell advertising for the back of the jacket – an innovation that was the first of its kind.

Lewis Carroll (*Alice in Wonderland*) may have been the inspiration for modern dust jackets. In 1876, prior to the release of his *The Hunting of the Snark*, Carroll admonished his publisher, Macmillan & Co. - London to print the book title not only on the front, but also on the spine of the wrapper; so that it could be easily read on the shelf. And also keep the tome in a "cleaner and more saleable condition."

With the 20th century approaching, and the cost of printing becoming less, publishers began to turning their thoughts from just protecting books with wrappers to marketing and advertising.

Realizing that colorful graphics, advertising and promotion could be easily printed on bright, glossy paper covers, they began leaving many of the hard book covers plain. Often artists were commissioned to create eye-engaging book wrappers. Suddenly, "dust jackets" as they became to be called were worthy of retention rather than tossing out.

You know the adage, "don't judge a book by its cover"? Some believe the first
Continued on next page...



The first known printed book wrapper appeared in 1830 to protect a now obscure title called *Friendship's Offering*. Bodleian Library – Oxford University

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Nancy and Me and Mystery Makes Happiness Times Three!

by Barbara Kalkis

For some people, certain words are a turn-off. “History” comes to mind, along with “broccoli” and “work”. In today’s technology-driven society, “book” is another word that can shut down minds like a snapped window shade. I understand this. There’s nothing picturesque about holding a sometimes-heavy book inches from your nose. Clutching a lightweight phone is much easier. We can drift in and out of a story and take a selfie at the same time.

That all said, there’s an incredible number of us who treasure real books. No flicking fingers running across a screen here. We hard-core bibliophiles savor the feel of paper and turning every page. There’s a connection with a paper book that I don’t think can be duplicated on any screen.

My favorite genre is mysteries. I shadow the heroes as they snoop around the crime scene, uncover clues that the police have missed, and display exquisite timing in figuring out motive and means and bringing bad guys to justice. Agatha Christie, Dorothy L. Sayers, Helen MacInnes, Arthur Conan Doyle are early masters who always pulled a surprise out of their plots just as readers were wandering toward a wrong conclusion.

However, I became bored with the new heroes. They all seem tormented by guilt, bad childhoods, broken relationships – and worse. It was torture reading about their lives, let alone the actual crime. Fortunately, after being fed-up by the whining written word, I was rescued!

My Sister and Nancy Drew Rescue Me.

My sister recently spied four old Nancy Drew mysteries at a book sale and snagged them all for me. She, my eldest sister and I read every book in the series until we each became sophisticated high schoolers. With this one purchase, I’ve escaped the glare of an electronic device and am again enjoying clever mysteries in hardback book form.

The Nancy Drew books are considered classics. They deserve to be. Each story begins with everyday incidents that can happen to anyone and then morphs into nefarious plots. A conversation in sign language becomes a secret code. A fire destroys a mansion that holds old secrets. A clock contains clues to a family feud. A vacation in Scotland reveals danger in the Highlands.

Began in 1930, the series touched on crimes still relevant today: stealing, smuggling, blackmailing, cheating people, and conning the elderly out of their fortunes.

Beyond the mystery, we can relate to some aspect of Nancy’s life. She lives in a small town. Having lost her mother, Nancy is raised by her working dad, Carson Drew. Hannah Gruen is their faithful housekeeper who has a mothering role. Although popular, Nancy’s most trusted friends are two cousins, Bess Marvin and George Fayne. (Yes, a girl.)

Unlike many current heroes, Nancy’s character has depth. She is resourceful, as when she tapped a call for help. She dissects problems logically rather than emotionally, and then solves them. She asks her father for help, and their mutual love and respect is refreshing. She remains steadfast and determined when tied up, locked in a closet, thrown off a ship, run off a road, facing down criminals. She doesn’t wallow in self-pity. She comforts others. She doesn’t seek flattery, recognition, or remuneration.

The original Nancy Drew series lasted until 2003. I think the books remained popular because of Nancy’s character, as well as the stories. She’s a hero who shows us how to navigate life’s mysteries and enjoy a happy ending. Until the next adventure occurs!

©Barbara Kalkis. Barbara spends her time teaching, writing and working as a marketing consultant. She’s the author of Little Ditties for Every Day: A Collection of Thoughts in Rhyme and Rhythm. Contact her at BarbaraKalkis01@gmail.com.

Dust Jackets, continued from previous page...



First editions of Ernest Hemingway’s second book *The Sun Also Rises*. The book on the right sold in 2006 for a mere \$168. The one on the left, with its rare dust jacket sold at auction in the same year for the enormous sum of \$42,000.

Live Auctioneers and PBA Galleries via Jasper 52

Only 5090 copies were printed. On the other hand, in the same year, PBA Galleries sold an identical 1st edition, but with a rare 1st edition dust wrapper for an unbelievable \$42,000! Now, does that get your attention?

A good book: To explore more of the history dust jackets, look to Nineteenth-Century Dust Jackets by Mark Godburn, published in 2016 by Oak Knoll Press & Private Library Association.

Hint: First, and foremost, before reading a book, always remove the dust jacket and place it in dry, light excluded space so that it stays in pristine condition. The most effective way to protect a potentially valuable dust cover is with an acid-free, archival, mylar dust wrapper cover. They are inexpensive, enhance appearance and can substantially add to a book’s value. They are available from a number of library suppliers like Brodart, Gaylord, and of course, the omnipresent Amazon. They come in various sizes and formats to accommodate any dust wrapper. Some are also made to protect hardcover books without wrappers.

The bottom-line is don’t think lightly of dust jackets. Like toys and other objects that survive with their original boxes and packaging, dust jackets can substantially enhance the value of an otherwise ordinary book.

Virtually an antique himself, Jay Mark, is a half-century antiques business veteran and historian who owns *Those Were The Days!*, an online specialty bookstore. He also teaches, lectures and frequently writes about antiques and history. Reach him at jaymark@twtdbooks.com © 2023

appearance of the phrase came in the 1860s when many books in a personal library were all bound alike. The expression really came into popular use when it appeared in the 1949 book *Murder in the Glass Room*, by Lester Fuller and Edwin Rolf.

By then, dust wrappers had become a so ubiquitous part of a book, and often eye-catching, but misleading, that they made it much more difficult to discern the volume’s contents.

Value: Unless they are rare, very early examples or needed for wrapper-missing books, dust jackets have little value on their own. But, when attached to say a 1st edition book? WOW! Take this outrageous example from two auction houses. In 2006 Live Auctioneers sold a 1st edition of Ernest Hemingway’s *The Sun Also Rises* (published in 1926; his second novel), for a modest \$168.

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Collector's Corner

Winchesters of the West Iconic Lever Action Rifles of the Old Frontier

by Jim Olson

When envisioning images of the "Old West" the mind often conjures scenes of sprawling landscapes, fearless cowboys, outlaws — and the ever-present lever action Winchester rifle. This firearm, symbolic of an era defined by exploration and frontier spirit, was wielded by frontiersmen, Native Americans, cowboys, lawmen, and adventurers who found themselves in the American West during its heyday.

This remarkable period, spanning roughly from the aftermath of the "War Between the States" to the turn of the 20th century, is compact but loaded with legends and tales that have transcended time.

Although our modern exposure to the Old West is primarily through movies, it's undeniable that the films have played a pivotal role in bringing the essence of this era to a wider audience. Western movies are known for showcasing the iconic lever action Winchester rifle. However, it's essential to recognize that historical accuracy is not always a priority in films. Notably, many Western movies feature Winchester model 1892s and 1894s, rifles that were introduced well after the events being depicted onscreen.

This brings us to the focal point of our discussion: the classic Winchester lever action rifles that defined the West. Throughout the Old West era, seven distinct lever action Winchester models were introduced: the models go by the year of their initial release: 1866, 1873, 1876, 1886, 1892, 1894, and 1895. While other Winchester firearms emerged during this time as well, these lever action rifles stand as the quintessential icons of the period.

For those aspiring collectors and enthusiasts looking to get a foot in the door, the models '66, '73, '86, '92, and '94 are prime subjects for exploration. To study these five models is to acquire a wealth of knowledge and understanding about approximately 90% of the Winchester firearms associated with the West.

*The model 1866, renowned as the "Yellow Boy," stands as the inaugural iconic Winchester rifle under the Winchester name. Recognizable by its gleaming brass frame, this rifle represents not only a collector's treasure but also a priceless historical gem.

*The Winchester 1873 boasts a distinctive feature—an unmistakable rectangular brass spot on the frame's underside. While the '76 model shares a similar characteristic, the '73 earned the moniker "The Gun That Won the West" because it was so prolific. This rifle likely saw more action than any other during the Old West era.

*In Winchester's lineage of designs, the model 1886 takes center stage. Conceived by visionary John Browning, this lever action model was engineered to handle larger calibers more effectively than its predecessors. Its excellence was so universally recognized that even Theodore Roosevelt counted it as his favored firearm.

*A model 1892 featuring an iconic large loop lever, has etched itself into the memory of thousands of movie enthusiasts, thanks to legends like John Wayne and Chuck Connors using one onscreen. The model 1892 was an upgrade meant to replace the 1873s and catered to those who preferred .44 and smaller calibers. It remains one of the most recognizable Winchester rifles of old Western movies.

*Then emerges the model 1894, a game-changer which introduced smokeless-powered cartridges. Linked to figures like Tom Horn, this rifle significantly popularized the .30-30 caliber. Surprisingly, only about the initial 350,000 of the 1894 models were crafted before the 20th century, elevating their value as collectibles compared to their post-1900 counterparts.

Mastering these five models, each with its own distinct appearance, marks a significant step toward gaining Winchester expertise. However, the journey doesn't stop there. Exploring models like 1876 and 1895, as well as branching into the single-shot

Continued on next page...

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Life Without “Buckets”

by Barbara Kalkis

Sudden flashes of enlightenment are so common that we even have a term for them. They're called “Ah-Hah!” moments. However, I find that some of my instant insights are more like “Huh??” moments. I realized this flaw a few years ago when I had the brilliant idea that my friend and I should attend a cowgirls-only weekend at a guest ranch.

Since the only horses we had ever ridden were actually ponies at summer fairs and we were just tots at the time, and we're both city people, you may ask, “How did you ever get this idea into your head?” Easy. It seemed like a good idea at the time. One of those “ah-hah” thoughts that should have been a “huh?” My other defense is that my friend agreed to it.

The ranch owners agreed to our desire to stay behind as all the other women climbed into the saddle every morning. While they cantered off for the day's excursion we hiked, explored the area (*in the car*) and lazed away afternoons reading and chatting. In the evenings, we enjoyed conversations with the “cowgirls” over delicious dinners and homemade pies. Stunning scenery, perfect weather, peaceful days and star-filled nights made the entire experience idyllic. Or so I thought.

Checking out at the end of the weekend, I told the cashier that I would return sometime. Then the “Huh??” moment arrived. As my friend completed her transaction, the cashier extended a warm invitation to return. I expected the same response I had given. Instead, she laughed airily and replied, “Oh no! I have too many other trips on my bucket list to ever return here.”

I turned to see the cashier looking stunned and realized that I had the same look on my face. But for different reasons. The cashier was clearly shocked at my friend's rebuff. Me too, but I was more shocked to hear the term, “bucket list” outside of a movie. Was I missing some important life requirement? Should I keep a list of my hopes and dreams as if they are items to be completed and checked off in order to move on to new adventures?

What's in Your Bucket? Lists or Goals?

Since Covid, bucket lists seem more popular than ever. Parties, picnics, luncheons, business events – gatherings small or large – seem to include a conversation about bucket lists. Once mentioned, a verbal ping-pong game begins. Who went where? Who didn't go there, but went somewhere else? Conversations morph into wilderness adventures, river and ocean cruises – taken two at a time! – elegant hotels, charming cafes, trendy night spots! The bucket lists are long enough to make Santa Claus's head spin. They overflow with activities that take several years, a fat bank account and dogged determination to complete.

It's great to have lists of things to do. We all have them, but lists are different than goals. Lists are tasks to be checked off. Goals are dreams that have a completion date attached to them. That is their beauty. Goals can be fulfilled at home or any place we choose. They are priorities for any time of the year.

Crafters are spontaneous thinkers, idea people. We fill our lives with art that we've created and with stashes that will become something at some point in time. As each season unfolds with its own palette of colors and life happenings, crafters see the potential to create new beauty. It doesn't require a trip to see potential. Contentment and joy are not list items.

That's not a “huh?” realization. It's the “ah-hah!” moment to cherish.

©Barbara Kalkis. Barbara is a high-tech marketer and public relations consultant, but her first loves are teaching and writing. She's the author of *Little Ditties for Every Day: A Collection of Thoughts in Rhyme and Rhythm*. Contact her at BarbaraKalkis01@gmail.com.



Winchesters, continued from previous page...

models and lever action shotguns, unveils a realm of diverse classic Winchester Arms from the Old West worth looking into.

Collecting these relics of a bygone era has become a passion for many, and you might be among those captivated by the allure of classic Old West arms. From each, you grasp not only the tangible craftsmanship of a bygone era, but also a piece of history that continues to inspire fascination and respect for the frontier spirit.

Numerous folks enjoy collecting classic Winchesters arms of the old West period, perhaps you are one of them!

Jim Olson, *Western Trading Post*, 403 N. Florence St., Casa Grande, AZ 85122. Learn more at www.WesternTradingPost.com, email info@westerntradingpost.com or call 520-426-7702.

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 Santa Clara Convention Center
 5001 Great American Parkway, Santa Clara
 General Admission \$20.00 includes re-admission, Sunday Only \$16.00
 For more information visit: www.Quiltfest.com

Pioneer Quilters Guild 2023 Quilt Show
 November 10-11, 2023, Friday 10am-5pm, Saturday, 10am-4pm
 Mahany Fitness Center, 1545 Pleasant Grove Blvd, Roseville, CA
 Admission: \$10 covers both days; children 12 and under free
 For more information: https://pioneerquiltersguild.org

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To enter, complete this form and mail to:
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 (Photocopy of form is fine. Be sure to answer all questions.)

Or email the information to: california@barlomedia.com and put "Gift Certificate" in the subject line.

XX
 Please tell us about a local California or Northern Nevada event, quilt shop, antique store, gift shop, etc that you would like to see advertising in *The Country Register*:

We welcome your comments and/or suggestions about *The Country Register*. Include a note with your drawing entry, send us an email or give us a call at 1-888-942-8950. We enjoy hearing from our readers!

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Random Acts
 by Maranda K. Jones
Planting Seeds

Growing a giant pumpkin is quite the feat,
 And the farmers' stories are a treat.
 Though the title escapes my mind,
 The main idea is safe inside.

It all starts with a seed and a caring heart;
 Soil, sunshine, and water right from the start.
 Carefully the seeds are planted
 In a location greatly wanted.

It's nurtured with gentle tender care
 In the warm summer air.
 Farmer says "Hello, Sprout!"
 And feels this is what life's about.

He encourages the vine to flower,
 And thanks God for each little shower.
 Then arrives the chill
 and leaves fall as they will,

A quilt is gently placed on top
 To protect his precious crop.
 He rocks his baby pumpkin side to side
 Keeping its orange even and nice.

Its cradle in the dirt has helped it grow
 Along with the farmer who's loved it so.
 The tiny seed is now the fruit
 With a strong and healthy root.

The farmer knows what faith can do,
 And our Father has planted a seed for you.

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Fallbrook Quilt Guild presents

Quilted Treasures

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 Free parking

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 Admission
 Adults \$10
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Website: www.fallbrookquiltguild.com

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Quilted Treasures Quilt Show Presented by Fallbrook Quilt Guild in November

Fallbrook Quilt Guild will present "Quilted Treasures" on Friday and Saturday, November 3rd and 4th at the SonRise Christian Fellowship Church, 463 S. Stage Coach Lane, Fallbrook, CA. The 2023 Quilt Show will feature beautiful, creative quilts of all styles and colors handcrafted by the guild's members.

Tickets for the 2023 Opportunity Quilt "Mill Works Block of the Month" will be available at the show. This outstanding 92" x 92" quilt was made by Sandy Scott. The blocks were designed and produced by Nancy Rink. Tickets are \$5 each and the drawing for the winning ticket will be held at the June 6, 2024 guild meeting. The winner does not need to be present to win.

Show visitors can look forward to shopping at the Country Store for items that include quilt tools, rulers, patterns, quilt books, fabrics and much more. For quilters and sewers interested in learning new techniques demonstrations will be held throughout the show and an Auction will be held each day at 12:30 pm.

The public is invited to attend, and admission is \$10 for adults and \$3 for Children, 3-12. Show hours are 10 am until 4 pm both days. The Church is located at 463 S. Stage Coach Lane in Fallbrook. Free parking is available and the church is handicap accessible. The guild asks that no strollers be brought into the show.

Founded in 1987, the Fallbrook Quilt Guild's mission is to promote an interest in all forms of quilting. The Guild gives back to the community through their Quilts of Love program which supports multiple local organizations including the HOPE Clinic, Elizabeth Hospice and the Navy/Marine Relief Society and Base Hospital at Camp Pendleton Marine Base. The Guild provides kits at the monthly meetings for members to make these quilts.

Fallbrook Quilt Guild welcomes quilters of all skill levels to join the group. Members enjoy sharing ideas and techniques with one another during our monthly meetings and in their individual friendship groups. Guests are always welcome for a donation of \$10. The Guild meets monthly on the first Thursday afternoon or evening (except January and July), at the Fallbrook Community Center, 341 Heald Lane, Fallbrook, California from April through September.

To learn more about the Guild and/or to join visit the website at www.fallbrookquiltguild.com.



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- **PREP Kitchen Essentials - The Shops @ Rossmoor**
- **Cinnamon Stik - 10641 Los Alamitos Blvd.**
- **Brita's Old Town Gardens - 225 Main St A. Seal Beach**
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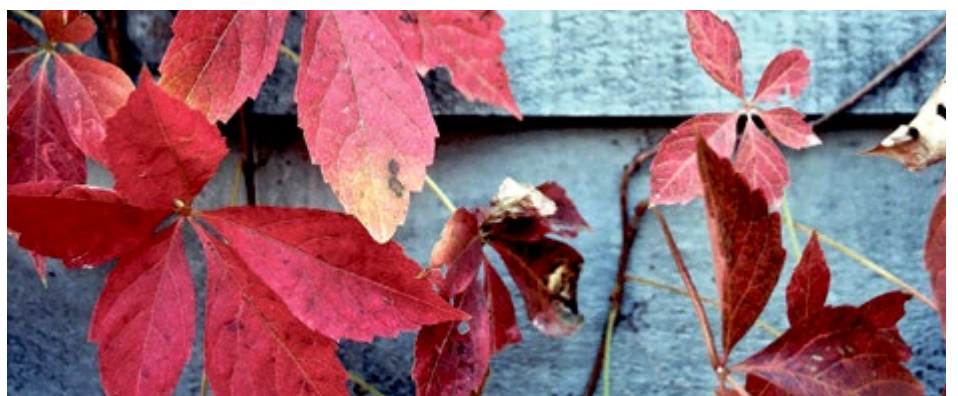
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I Can Do This!

by Deb Heatherly

This year I had planned to make gifts for my family and friends and had every intention of beginning over the summer. My intentions were great, until life moved faster than I anticipated. Now, here I am with fall on my doorstep, once again wondering if I will be shopping instead of sewing this holiday season.

Like Santa I made a list and checked it twice. No one has been naughty and I want to make something really nice for each person on my list. Hmm . . . what can I make that they will really appreciate?

Food items like sugared pecans, fudge and mixes that make individual cakes in a mug should be a welcome treat. With careful deliberation, I added these beside several names and I can make all those items closer to time. For now, I'll sew cute little bags or stockings for them to go in. Or, maybe I'll make pillowcases to use as wrapping. I can whip those up in a weekend and will be able to present two gifts in one - I really like that idea!

Now that those gifts are decided, what about those I plan to quilt something for? I am thinking of table runners to the rescue! My strippy stars runner pattern goes together quickly and will work for everyone else on the list. I'll make some in a Christmas theme and others to match the recipient's kitchen color. I could even make them reversible so that they could be used throughout the year. That's something to ponder if I get busy right away.

With the Creative Grids® Strippy Stars Tool, the star points on the blocks are made from squares and strips, and as a bonus are super-fast. The star points float so there is virtually no way to cut off the points (okay, if you were taking 1/2" seam allowances you might, but that would be the only way). The Strippy Stars Tool helps you draw sewing lines for the star points and the strips are added by using those lines in a foundation piecing technique. I once made an entire quilt with 25 strippy stars blocks set on point in 6 hours. If my math is correct, that means I could make the 3 blocks needed for 8 runners in a day. This gives me hope that this gifting season will work out after all. Now to choose fabric and start sewing!

If you want to make strippy stars runners, the directions are found below.

Tool needed:

- The Creative Grids® Strippy stars Tool

Fabric needed:

Light Neutral: 2 FQs (Fat Quarters) of similar neutrals OR you can cut all these squares from the same color.

- From FQ # 1: Cut (12) 4 1/2" light neutral squares for block corners
- From FQ # 2: Cut (12) 4 1/2" light neutral squares for star point backgrounds

2 1/2" strips: 4 strips WOF (Width of Fabric) for star points. These may be different for a scrappy look, or all the same.

Dark for block centers:

Cut (3) 4 1/2" squares for block Centers. If you are using a cute design, you could also fussy cut these squares.

Border: 1/3 yd: Cut (3) 3" strips WOF

Binding: 1/3 yd: Cut (4) 2 1/2" strips WOF for binding

Directions:

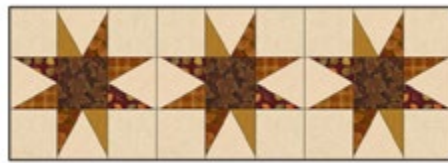
- Use the Strippy Stars Tool to mark the sewing line on the (12) 4 1/2" star point backgrounds. (Use the 4" line on the tool because the squares will finish at 4" when sewn into the blocks and all Creative Grids® Specialty Tools are all marked in finished sizes.)

- Using the direction that came with the Strippy Stars Tool and the 2 1/2" strips to complete (12) star point units. (A strippy stars tutorial can be found in the files on my Grids Girls Facebook group. Simply join the group to access the files. There is also a video on YouTube)

- Add 4 1/2" background corner squares to (6) of the star Points. Make (6) rows pressing to the corner squares.

- Sew a dark 4 1/2" center square between the remaining star points. Make (3) rows pressing to the center square.

- Nest the seams and sew the rows into (3) blocks as shown.



Press as desired. Blocks should be 12 1/2" and will finish at 12".

- Sew the three blocks together side by side. Add borders, then quilt and bind.

Deb Heatherly is a designer for Creative Grids® rulers and the author of eight popular pattern books. Creative Grids® fans are invited to join her Facebook group, "Grids Girls," for tips and inspiration at <https://www.facebook.com/groups/770429649800457>. Shop Owners are invited to join her group just for them at "Grids Girls for Quilt Shop Owners Only" at <https://www.facebook.com/groups/273593657256524>. Visit Deb's website at www.Debcatsquilts.com.



Being Socially Kind

by Barbara Polston

I saw one of those Facebook posts again. A quilter posted a picture of her recently completed block, doing so to solicit advice with a desire to improve. Her post began, "Please be kind..." This told me that she had posted before and probably felt dragged over hot coals with the negative comments she received. I am sure it took a lot of courage, and perhaps the passage of time, to risk posting again. Sadly, I see these types of posts with more regularity than seems necessary.

It seems that our creative muscle is sensitive and easy to damage, sometimes beyond repair. I remember a grade schoolteacher criticizing a drawing of which I was proud. She found nothing worthy in my effort. I did not draw, other than doodles in margins, for quite some time after that.

Several years ago, I designed and made a wall quilt to showcase a crochet doily my mother made circa 1939. The doily was made from variegated thread that, according to Mom, had just been introduced to the market. The thread changed through a range of soft colors – pinks, blues, greens, and yellows. The doily was set on a circle of white cloth in the middle of a blue and white log cabin pattern. Given the nature of the doily and its history, I chose to use the traditional red for the log cabin centers. Although my quilting was not perfect, I was happy with my quilt and entered it into a show. While there, I eavesdropped on two women commenting on it, only to be met with such hurtful negativity. My heart was crushed. Visiting with a friend, I shared what I had heard and how hurt I was. Her advice, "You did not make the quilt for those ladies. You made it for yourself and your family. If you love your quilt, if your family loves your quilt, that's all that matters." The quilt hung over my family room fireplace for many years; I loved it every time I saw it.

I have held on to my friend's advice and shared it with others feeling crushed by negative comments, more than once. But I remember the hurt inflicted by my grade schoolteacher and two anonymous women at a quilt show.

Of course, we do not like every quilt, every painting, every drawing, every embroidery that we see. Social media makes it too easy to share our dislike without regard to the person who will read those comments and have their creative muscle damaged, perhaps beyond healing. Maybe, if we see someone asking for advice, and we have nothing positive to contribute, we should just scroll by without comment. If we have something constructive to say that we believe will help the maker improve, perhaps we could find something to complement and frame our criticism gently. For example, "Love your central design. Consider stronger contrast against the background to really make it pop."

I hope we can all work together to be socially kind and keep those creative muscles healthy!

©Barbara Polston, Tucson, Arizona, 2023

Barbara Polston, the author of *Quilting with Doilies: Inspiration, Techniques, and Projects* (Schiffer Press, 2015) and *Meet Puppy Brian and Puppy Brian and the Grey Cat* (www.puppybrian.com), lives in Tucson, Arizona where she has failed at retirement, but getting more time to stitch in a variety of forms. Contact Barbara at barbarapolstonquilter@gmail.com.

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KISSed Quilts Labeling Your Quilt

by Marlene Oddie

When you get to the very last step of your quilt, it might be easy to forget or not bother, but what happens to a cherished quilt when one day you are gone and the recipient's child is wondering where the quilt came from? Have you seen beautiful quilts at the local thrift shop, cast away by a family member who may not understand the sentiment behind the quilt?

Early on in my quilting journey, it was explained to me that a label on a quilt is a fundamental part of documenting this craft. These quilts can generally last longer than our lifetime, so having the information about the quilt attached to it with a label is the simplest way we can keep track of its origin. You might find other unique details at <https://marketplace.unl.edu/iqm/fabrics/quilt-label.html>.

So, what should be in a label? When I'm doing sample quilts, I often include more technical specifics that help those who will be working with the samples -i.e., the fabric collection used, sizing and batting content. But in general, labels should include:

Name of the quilt - yes name it, make it fun, tie it into the sentiment of the reason the quilt was made.

What is the reasoning for making the quilt or gifting the quilt - refer to the occasion in which it is being given or created.

Is it based on someone's published pattern? If so, what is the name of the pattern and who designed/published it?

Who pieced it? - Probably you, so print your name or sign it.

Who quilted it? - If it is you, then you might want to combine with the item before and this one just by saying Made by - you're doing it all. But if you Quilt for Hire or had someone else do the quilting, it is appropriate to recognize their contribution to the quilt.

Location and Date - You can be as specific or not with this but given it a general location (I do the quilting in Grand Coulee) and at least the year should be sufficient. If it is on a special occasion, you might include a specific date closer to the top and disregard the year shown here at the bottom.

As a long-arm machine quilter for hire I am willing to create labels such as the example shown here using my inkjet printer and I sign them where my name is shown. These can be printed on pre-treated fabric that is iron-on or sew-in or use Bubble Jet Set 2000 to pre-treat your own fabric and then fix the printing with Bubble Jet Rinse before drying and sewing the label onto the quilt back. There are pre-printed styled labels that you can easily write on with a fabric pen the information you deem appropriate. You might also machine embroider a label or have pre-printed/woven signature labels/ribbons that you can sew into the binding giving it at least some connection to the maker. Labels should be adhered in the lower left corner if facing the back or peel back the lower right corner when facing the front.

May your quilt's label be the connection to the legacy you have left behind.

Marlene Oddie (marlene@kissedquilts.com) is an engineer by education, project manager by profession and now a quilter by passion in Grand Coulee, WA at her quilt shop, KISSed Quilts. She quilts for hire on a Gammill Optimum Plus, but especially enjoys designing quilts and assisting in the creation of a meaningful treasure for the recipient. Fabric, patterns, kits and templates are available at <http://www.kissedquilts.com>. Follow Marlene's adventures via <http://www.facebook.com/kissedquilts> and <https://www.instagram.com/marlene.kissedquilts>.



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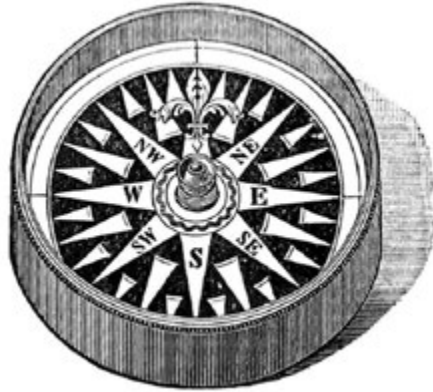
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The Mariner's Compass Quilt Pattern

by Rachel Grecco

During the early to mid-1800s, Mariner's Compass quilt patterns were very popular. According to Quilt Historian Barbara Brackman, they were among the earliest named quilting designs in America. These quilt blocks are quite intricate and require skill in setting them together so that they lay flat. Other names for this type of quilt block include Rising Sun, Sunburst, Chips and Whetstones, and Sunrise.



Instead of originating from a square design, Mariner's Compass quilts are created from a circle with radiating points. The number of radiating points and designs vary, but they usually contain from sixteen to thirty-two radiating points or rays. This quilt pattern may have originated in 18th Century England, with the earliest documented Mariner's Compass style of quilt found in Britain. It is not known whether this quilt was actually called a Mariner's Compass, as documentation accompanying it showed a date of 1726, but did not include a name.

Although the exact design source is not currently known, it is highly possible that these types of quilts have their origins in the wind rose, a meteorological and nautical design element that is often found on compasses, maps, and monuments.

Maps and nautical charts often included a compass rose for displaying the orientation of cardinal directions, as well as their intermediate points. Sometimes called wind rose or Rose of the Winds, the compass rose is found in almost all navigational systems, including nautical charts, non-directional beacons, omnidirectional range systems, and global positioning systems.



The wind rose, along with the similarly designed compass star, was very ornate. At a time when sailors heavily depended on the wind for navigation, the wind rose was used to show cardinal directions—east, west, south and north—as well as intermediate directions. They contained from four to thirty-two points and were featured on charts and maps from as early as the 1300s.

Early American quilts with the mariner's compass style of design were most often found near the Atlantic Coast where the shipping

and fishing industries were centered, thus giving credence to the idea that the nautical wind rose was used as inspiration for the quilt block.

The skill level required to create a quilt block resembling a wind rose increases depending on how many points the block contains. The more points a block has, the harder it becomes to piece each sharp point.

Today, the Mariner's Compass style of quilt block can be created using paper piecing methods, making it much easier to construct than those made by hand in the 19th Century.

Rachel Grecco owns *Grandma's Attic*, a traditional quilt shop and a large on-line store in Dallas, Oregon. She has written several books and patterns and runs *Grandma's Quilt Club*, a monthly quilt class where participants collect quilt blocks, learn about quilt history, and make new friends. Learn more at <https://grandmasatticquilting.com>.

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Giveaway Winner from August - Sept

We have one giveaway winner from our last issue. Roberta Schuler from Tucson will receive a \$25 Gift Certificate to be spent at her favorite Country Register advertiser, **The Quilt Basket** also in Tucson. Roberta told us this is her favorite shop because of the wonderful fabrics, classes and staff, and the shop is near her home.

We love to hear from our readers about how they enjoy The Country Register and use it to discover great finds and fun events. In this issue, there is another \$25 Gift Certificate and a book giveaway so be sure to enter and tell us where you pick up the newspaper.

Take a copy with you as you travel around Arizona visiting your favorite shops and finding new shops and events to explore!

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By Sheila Tinkham

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 All I need is my needle and thread
 I sew
 A quilt
 My new creation
 Yet all I need is my needle and thread..
 Life itself
 Stands still...
 Complete.
 All I need is my needle and thread.

Sheila Tinkham lives in Lincoln, NE. She started quilting when she sprained her ankle and fell in love with the process of sewing and the focused peacefulness of making and designing quilts. Writing is her passion and she has self-published three poetry books. You can follow her on Twitter at SheilaTinkham.

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Rim Country Quilt Roundup In Payson on November 3 & 4

The 16th Rim Country Quilt Roundup is returning to Payson on Friday and Saturday, November 3 and 4. The event is being held at the Exhibition Hall in the Mazatzal Hotel and Casino on Highway 87 at milepost 251. This is a premier regional show featuring a large display of quilts and fabric art from across the Southwest.

Quilters are encouraged to enter the show and the deadline for entries is October 15. Online entry forms can be found on the **Quilt Roundup** website www.quiltroundup.org. Drop off locations in the Phoenix area and in Payson are also listed on the website, so get your entry in and don't miss out!

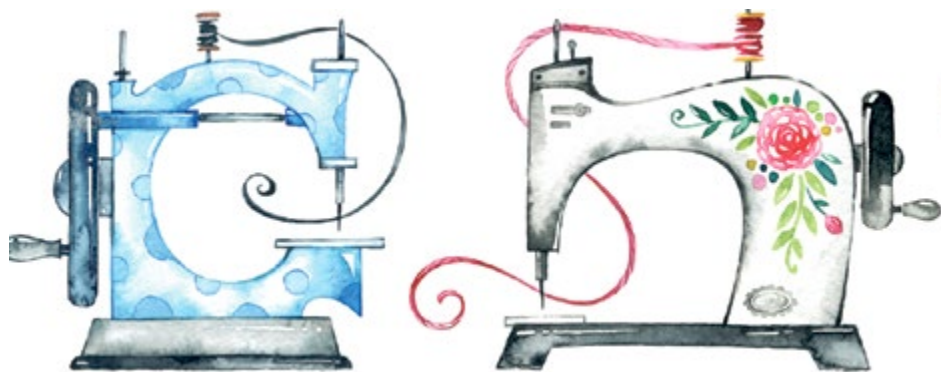
Rim Country Quilt Roundup will feature a large Vendor Mall, Vendor Shop Hop, free daily demonstrations and daily door prizes. Special Exhibits will include Award-Winning quilts from Local Rim Country artists, as well as a display of extraordinary fiber art from The Threadplayers.

On Friday afternoon, Gina Perkes will give a free lecture. Gina is an author, designer, creator and international educator who promotes the art of quilt making. She will also be teaching classes for an additional fee. Gina is the owner of The Cooper Needle in Payson, AZ.

Quilt Roundup hours are 9 a.m. to 5 p.m. on Friday and 9 a.m. to 4 p.m. on Saturday. Admission is \$5.00 for those over 13 years of age. Bring a non-perishable food item for the local Food Bank to receive one daily drawing ticket.

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For more information and entry forms, visit www.quiltroundup.org or call Quilt Show Co-Chair Elaine Putnam at 928-978-3464.




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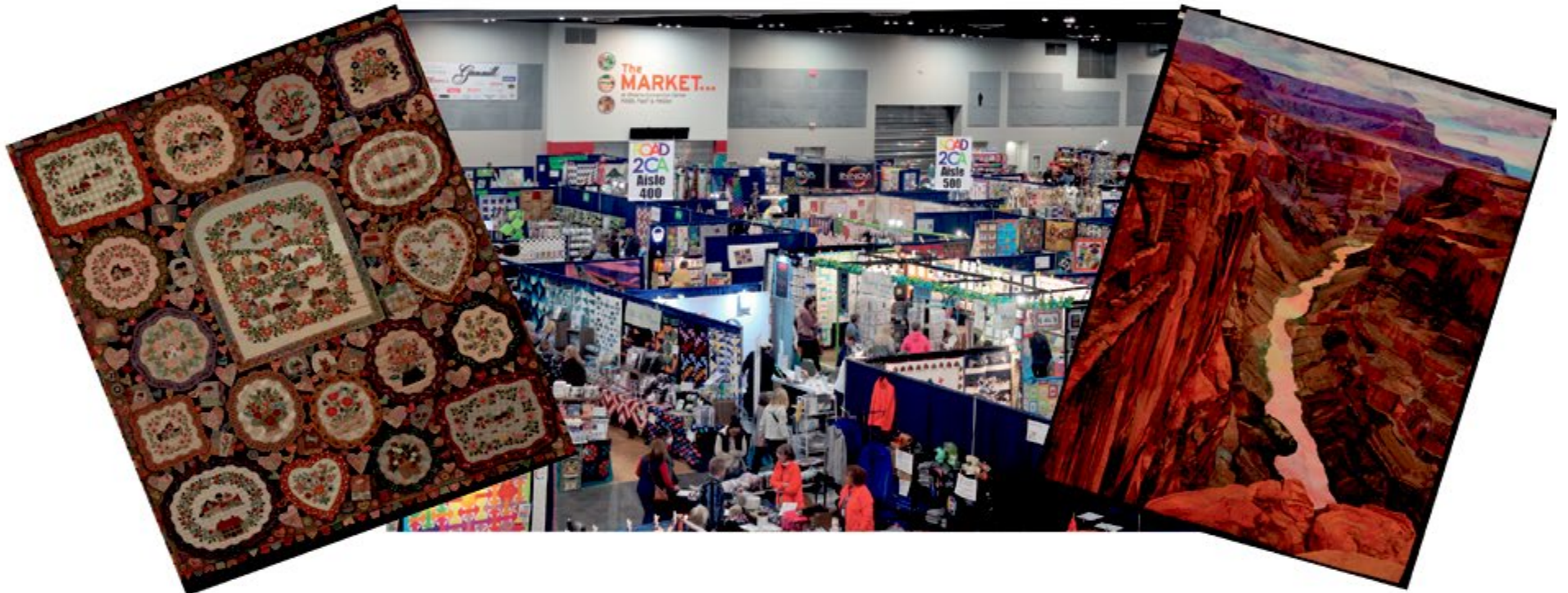
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